

WKO: Level 1 Award in Assistant Coach Martial Arts



Qualification overview:

This qualification provides the learner with the understanding of their roles and responsibilities as an assistant coach at this level.

The learners will be required provided with the knowledge to be able to plan, deliver and review linked coaching Martial Arts sessions that show progression.

Progression Routes:

Learners who successfully achieve this qualification are eligible to seek employment in a paid capacity or as a volunteer. The skills and knowledge developed may be used to enable learners to progress to other industry-relevant qualifications in coaching sport, activity leadership, and sports development, refereeing, judging events staff.

Qualification Objective:
What does the qualification cover?
The objective of the WKO: Level 1 Award in Assistant Coach Martial Arts is to provide a benefit to learners through an introduction into the principles/practice of safe, ethical and effective management and coaching of Martial Arts coaching sessions to adults and/or young people in an appropriate environment.
Who is the qualification for?
The qualification is designed for those who wish to become involved in Martial Arts as an assistant coach, and wish to support responsibility for the ongoing development of participants. This qualification is aimed at learners who have achieved a 1st Degree/Dan Black Belt/tag (dependent on pathway chosen), may currently assist in the operation at a martial arts club or aspire to do so. Those who already have an assistant instructor status or support a club instructor, under supervision, or who have achieved a leadership qualification in the delivery of Martial Arts.
Who supports the qualification?
This qualification is recognised WKO industry standard, level 1 award martial arts qualification for assistant coaches by WKO Global. The support is focused on the benefits of the qualification for learners, the objective of the qualification and the predicted learner demand. This information was gathered through valid research and consultation with the World Kickboxing Organisation (WKO).

Qualification Progression:
What future education could this qualification lead to?
Learners completing this qualification may choose to broaden their knowledge by undertaking the WKO Level 2 Certificate in Coaching Martial Arts. The skills and knowledge developed may be used to enable learners to progress to other industry-relevant qualifications in coaching sport, activity leadership, supporting PE in school sport and sports development, refereeing, judging events staff.
What future employment could this qualification lead to?
This qualification may lead to paid employment or unpaid voluntary roles in coaching Martial Arts, either working independently or as part of a coaching team. Other roles that the learner may consider exploring include Activity Leader, Official and Sports Volunteer. This qualification will also support learners who aspire to, or are currently coaching Martial Arts within a community club, working in schools and/or with county sports partnerships and local authorities.

Qualification Achievement:
Entry Requirements for the Qualification
The recognised centre is required to conduct an initial assessment of learners to ensure that pre-requisites to registration and certification are considered and outcomes recorded during the application process. Prior to registration learners are required to: <ol style="list-style-type: none"> 1. Be accurately identified 2. Be at least 16 years of age 3. Be able to communicate effectively in English1 (this includes listening, speaking, reading and writing) 4. Hold minimum 1st Dan black belt
Certification Requirements
Learners certificates will only be released on successful completion of each element: Written Assignments, Observation, Online Exam & Witness Testimony

Assessments:
What will be assessed
<p>Learners must demonstrate:</p> <ol style="list-style-type: none"> 1. Complete a series of written assessed tasks consisting of short assignments 2. Plan, deliver and evaluate a minimum of eight coaching sessions in Martial Arts. Six of the eight sessions must be linked and progressive, and working with the same group of participants in order to monitor and review any progress made. 3. Be Observed demonstrating their ability to plan, deliver and review one 15 minute practical coaching session in a simulated environment. This session will be planned for, and delivered to a different participant type to the linked and progressive sessions e.g. adults/youths/ children/disabled/non-disabled. 4. Pass the online examination with either 80% Pass 90% Merit or 100% Distinction. 5. Have a witness testimony supplied by their chief instructor.
How it will be assessed
<p>This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.</p> <p>Learning Outcomes that begin 'The learner will understand...' will be assessed through theory based activities.</p> <p>Learning Outcomes that begin 'The learner will be able to...' are assessed through practical activities. For example:</p>

Qualification Delivery
Who is required for the delivery of this qualification
<p>The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum:</p> <ol style="list-style-type: none"> 1. Qualification administrator 2. Qualification coordinator 3. Appropriately qualified tutor/assessor 4. Appropriately qualified internal quality assurer (IQA) <p>Further information on workforce requirements are available from WKO Qualifications on request.</p>
What facilities are required to be able to achieve this qualification
<p>All delivery sites must include the following:</p> <ol style="list-style-type: none"> 1. Practical space for Martial Arts coaching activities to be delivered 2. Space for theoretical sessions to be delivered with conditions conducive to learning 3. Toilets and changing room facilities for both male and female learners/participants.
What equipment is needed to be able to deliver this qualification?
<p>The recognised centres must provide:</p> <ol style="list-style-type: none"> 1. Sports equipment to facilitate chosen coaching activities (kick shields, focus pads/paddles, cones, balls, skipping ropes, etc) 2. Enough tables and chairs for each learner 3. Clear wall or screen for projection 4. Projector or connection to screen 5. Power extension lead 6. Flip chart <p>All learners and persons being coached must</p> <ol style="list-style-type: none"> 1. Wear appropriate sports apparel, including correct footwear for the surface and environment. This should include: martial art training shoes, clothing, sparring gear, referee apparel, etc. (Provided by recognised centre)

Qualification Structure (Rule of Combination)				
This qualification consists of four mandatory units. Learners are required to successfully complete all four mandatory units in order to achieve the qualification. The four mandatory units are all required to be delivered in full.				
Unit Title	Level	Credit	GLH	Assessment Methods
Unit 1 - Understand a training plan (Understand warm ups, skills training, and physical conditioning)	1	1	10	Assignment (Minimum 150 Words) Observation Online Examination Witness Testimony
Unit 2 - Contribute to a training environment	1	1	10	Assignment (Minimum 150 Words) Observation Online Examination Witness Testimony
Unit 3 - Understand method of training delivery (Assist with coaching students by breaking down techniques into simple moves)	1	1	10	Assignment (Minimum 150 Words) Observation Online Examination Witness Testimony
Unit 4 - Understand different training resources	1	1	10	Assignment (Minimum 150 Words) Observation Online Examination Witness Testimony

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WKO Developing and awarding qualifications for the Martial Arts industry

World Kickboxing Organisation Qualifications is an awarding organisation offering none regulated qualifications for the martial arts sector. Which was created with the aim of offering vocational and occupational qualifications in areas of Martial Arts instruction and teaching.

Any proceeds go directly back to UK Martial Arts events to help them develop and advance the sports globally.

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